

## hair services

spa | bar is pleased to be among the top one half of one percent of salons to be awarded the exclusive hair product lines of **Kerastase**, **Shu Uemura** and **Bumble+Bumble**. Come in for a complimentary recommendation by our certified consultants.

**CUT** \$60 – 85  
Includes complimentary Hair Bath + Blow Dry & Style.

**BATH + BLOW DRY** \$50+  
Experience our signature hair bath and scalp massage followed by precision blow dry and styling.

**IRON ADD ON** \$25  
Complete your look with curls or a super straight finish.

**SPECIAL TREATMENT ADD ON** \$30  
Results oriented therapy for hair weakened from chemical straightening or dry from the season. Add on a Kerastase or Bumble+Bumble professional treatment, specific to your hair type. Does not include Bath + Blow Dry.

**SHU UEMURA HAIR RITUALS**  
**UME CEREMONY** 5M/\$30  
Scalp cleanse plus an illuminating hair treatment customized for your hair.

**TAKE CEREMONY** 20M/\$50  
Scalp cleanse and massage with luxurious absolu oils good for the hair, body and mind.

**MATSU CEREMONY** 50M/\$75  
A facial for your hair. A 50 minute treatment including a scalp cleanse, scalp and shoulder massage and treatment customized for your needs.

**UPDO** \$75  
Our design team will create the perfect look to reflect your personal style for any special event.

**BRIDAL UPDO** \$75/trial \$150/wedding day  
\*see **BRIDAL MAKEUP** under **facial compliments**

## color

**TINT** \$65 – 75+  
**PARTIAL HIGHLIGHT** \$120 – 140+  
**FULL HIGHLIGHT** \$155 – 190+

## texture

**PERMANENT CURLS OR WAVE\***  
**RELAXER\***

\*A first time consultation is required prior to booking the actual service.

## private event venue

spa | bar is the only spa venue in San Francisco that can accommodate up to 100 guests for daytime or evening events. Host a birthday or bridal party, or corporate event for a memorable experience that will be tailored to your needs. For further information call spa | bar and ask for the Events Director.

## information + policies

### PARKING

Discounted Valet Parking is available across the street at the Courtyard Marriott Hotel (Second & Folsom). There is metered street parking in the area that is free all day Sunday and after 6pm the rest of the week.

### CANCELLATION & LATE POLICY

A valid credit card is required to make a reservation at spa | bar. With consideration for other guests and the spa | bar staff, 24 hours notice is required for cancellations, including rescheduling. Cancellations within 24 hours of the appointment will result in a cancellation fee equivalent to the price of the service. Appointments that are delayed due to a late arrival may be modified to end as scheduled.

For group reservations, the appropriate policy will be explained at the time of booking.

### SERIES DISCOUNT

Purchase a series of 6 of any treatment and receive 10% off. Purchase a series of 12 of any treatment and receive 15% off. A series may only be redeemed by the original purchaser and only for the original service.

### GIFT CERTIFICATES

spa | bar gift certificates are available for specific services or in any preferred amount. Certificates are not refundable and may only be redeemed for retail, services, and gratuity. Lost certificates are not replaceable or refundable.

### PAYMENT

Services and retail may be paid by cash, Visa, Mastercard, Discover, and American Express, or spa | bar gift certificate. Checks may be accepted as payment only after your fifth visit.

**Gratuity is appreciated and accepted by cash or check only.**

**An automatic 20% gratuity will be added for all spa packages and group reservations.**



Welcome to spa | bar, a luxury urban spa dedicated to providing an escape from the frenetic pace of everyday life to a soothing world of tranquility. A full range of spa and salon services including our unique oxygen bar is offered seven days a week. Late night appointments are also available. Our professional and friendly staff will give each guest individual attention and the highest level of service. The comfortable environment at spa | bar, designed with both women and men in mind, ensures that every visit is an opportunity to feel relaxed, rejuvenated, and renewed.

## spa packages

All packages include complimentary 15 minutes at our oxygen bar infused with your choice of aromatherapy. Enjoy a nutritious spa lunch made from local organic produce for an additional \$15 per person.

**REJUVENATION** 1.5 HOURS \$145

This popular package allows you to take a break from your busy schedule to indulge in a full body massage and facial. Our 60-minute Serenity Massage followed by a rejuvenating 30-minute Mini Facial will give you big results in a short amount of time.

**PURIFICATION** 2 HOURS \$180

Urban living can take its toll on your health, which is why our Purification package is essential for deep cleansing and detoxification. Begin with a 60-minute Remedy Massage to work out the kinks in your problem areas. Then choose either a 60-minute Urban Detox Facial or Green Tea Body Scrub for instant gratification.

**CELEBRATION** 2.5 HOURS \$265

Our premium facial and body treatments are rolled into one glorious package. A massage therapist will treat your feet to a 30-minute reflexology massage followed by an invigorating body scrub in our Body in Balance treatment. After being pampered with our luxurious Illumination Facial, you'll walk out of spa | bar a new person.

**TRANSFORMATION** 3.5 HOURS \$300

The talented staff at spa | bar will transform you with a Wellness Massage and Illumination Facial, each lasting 60 minutes. During your facial, our hydrating paraffin blend will soften and renew your hands and feet. A Special Treatment Bath + Blow Dry then completes the package for gorgeous results from head to toe.

**An automatic 20% gratuity will be added for all spa packages and group reservations.**

## body treatments

**BODY IN BALANCE** 75M/\$130

Our luxurious treatment for the whole body will leave you feeling relaxed and your skin rejuvenated. First a skilled massage therapist will help you to unwind with a 30-minute reflexology foot massage. Then choose either a green tea or peppermint mocha body scrub for a full body exfoliation. Afterwards, a lavish body butter is massaged into your skin for a smooth finish.

**GREEN TEA BODY SCRUB** 45M/\$90

Our signature body scrub that is high in antioxidants will relieve dryness and revitalize your skin. Gentle enough for sensitive skin, this full body exfoliation and application of body butter will give you baby soft skin.

**CUCUMBER BODY SCRUB** 45M/\$75

This delicious and refreshing body treatment is a luscious drink for your skin. A hydrating and invigorating cucumber body scrub will polish and smooth away dead skin while providing a fresh, clean and tingly sensation.

## massage therapies

### SERENITY

30M/\$60 60M/\$90 90M/\$125

Leave your stress behind with a classic Swedish style massage that will put you in a peaceful, relaxed state. This popular treatment utilizes long strokes to gently ease tired muscles.

### REMEDY

60M/\$100 90M/\$140 120M/\$180

An expert massage therapist will address your specific problem areas within the context of your whole body. A combination of deep tissue and myofascial techniques are used to restore your muscles to their natural state.

### WELLNESS

60M/\$100 90M/\$140 120M/\$180

A traditional Japanese Shiatsu massage involves the use of the thumbs and palms of the hand to apply pressure to specific points on the body. This specialized technique will correct imbalances of the body and promote health and healing.

### VITALITY

45M/\$80 75M/\$120

Also known as a sports massage, Vitality will prepare your body for a workout or relieve muscle soreness after exercise. A combination of stretching and vigorous massage techniques will release tension and increase circulation.

### THAI THERAPY

60M/\$110 90M/\$155 120M/\$200

Often described as a yoga massage, our most popular massage treatment incorporates rhythmic compressions and stretching along the body's energy lines. Thai Therapy will increase your flexibility and range of movement while relieving fatigue for overall health.

### HOT STONE THERAPY

60M/\$120 90M/\$170

Smooth basalt stones are strategically placed at the body's energy points and used along with classic massage techniques to gently knead stiff muscles. The therapeutic quality of heat penetrates into the muscles to melt away tension and promote deep relaxation.

### PREGNANCY MASSAGE

30M/\$60 60M/\$100

A gentle massage that will relieve back pain, fluid retention, and inflammation so you will feel your best during this special time.

### YIN + YANG

A double massage in our romantic couple's room is a unique opportunity to spend some quality time together. No extra fee for couples' room use. Priced as a la carte massages.

### REFLEXOLOGY

30M/\$50

This ancient form of massage promotes health and balance by applying pressure to reflex points on the feet to relieve tension throughout the body. Reflexology is very effective as a solo treatment or incorporated into your full body massage or facial.

### UPRIGHT MASSAGE

15M/\$30 30M/\$50

Our chair massage can do wonders for relieving tension that is carried in the neck and shoulders. Ideal for those who sit for long periods of time, this upper body massage will improve your posture and your state of mind.

## oxygen bar

O<sub>2</sub> 15M/\$15 30M/\$25

O<sub>2</sub> is the most essential nutrient to humans. Our O<sub>2</sub> bar generates 97% pure O<sub>2</sub> to give you the extra "all natural" boost you need. O<sub>2</sub> is also a natural bacterial neutralizer so breathe in nature's best defense when you're feeling under the weather.

## facial treatments

URBAN DETOX 60M/\$90 90M/\$120

Our Signature facial. Stress and pollution lead to irritated and dehydrated skin. Fight back with a green papaya enzyme to exfoliate the skin, expert extractions and a calming green tea mask.

**ADD AHA EXFOLIATOR** +\$10

Penetrates deep beneath the skins surface for an added deep clean.

ILLUMINATION FACIAL 60M/\$130

Our most advanced anti-aging glycolic facial. Pomegranate extracts are called upon to reverse the signs of aging by stimulating collagen production to reveal a brighter and more even complexion.

**ADD ENLIGHTEN TREATMENT** +\$30

Lightens pigmentation and evens out skin for a red carpet glow.

MENS FACIAL 30M/\$60 60M/\$100

Fast yet effective, the perfect pick-me-up for the guy on the go. Replenishes and revives tired skin to guarantee you the attention that you deserve.

PURITY FACIAL 60M/\$100

Nature's best kept secret! This facial uses only the purest and most natural ingredients and is topped off with either a Cranberry Enzyme Mask or Blueberry Smoothie peel to exfoliate, leaving your skin rejuvenated and healthy. Pure pampering.

ACNE RESCUE FACIAL 60M/\$100 90M/\$130

For those who suffer mild to moderate acne, this treatment focuses on extractions, using a Glycolic and Salicylic peel to help treat and prevent acne breakouts, and finish with a calming, antibacterial mask.

**ADD RETINOL** +\$30

Add Retinol for extra intensity to heal and correct serious breakouts. Results are guaranteed!

## medi treatments

All peels include a head, neck + shoulder massage.

EUROPEAN PEEL 45M/\$70

Refines lines, minimizes pores and evens out skin tones for a youthful, more radiant complexion.

BLUEBERRY SMOOTHIE PEEL 45M/\$70

Prevent premature aging and acne with the benefits of blueberries to enhance dull skin and reveal clear beautiful skin.

POMEGRANATE PEEL 45M/\$70

Increases natural moisture in your skin using powerful antioxidants found in pomegranates. This peel stimulates collagen leaving skin with a revitalized glow.

BENEFIT PEEL 45M/\$70

Potent antioxidants and enzymes work together to dissolve dead skin and deliver nutrients deep into the skins layers with the healing benefits of Vitamin C.

TIMELESS PEEL 45M/\$115

Sophisticated, results-oriented and complex anti-aging and repairing treatment to help rejuvenate, refine and lift fatigued complexions.

## facial complements

FLIP SIDE BACK TREATMENT 45M/\$70

For an area that is just out of reach, your back is treated to a Glycolic body scrub, extractions and a purifying mask.

DECOLLETE REFRESHER +\$30

Extend any facial to treat the chest area for sun damage, pigmentation or acne.

BRIGHT EYE BOOST +\$25

A perfect facial add on to hydrate and tone the eye area.

VITAMIN C BOOST +\$20

For extra antioxidant protection and stimulation of collagen, resulting in tighter, firmer skin.

HYDRATING BOOST +\$30

Extra hydration for parched, dry skin.

ENLIGHTEN BOOST +\$30

Lightens pigmentation and sun damaged skin.

EYELASH TINT \$35

EYEBROW TINT \$25

EYELASH PERM 60M/\$75

MAKEUP APPLICATION \$65

BRIDAL MAKEUP \$75/trial \$150/wedding day

ADD ON LASHES \$20

\*see BRIDAL UPDO under hair services

## waxing services

BROW DESIGN \$30 – 40

LIP \$15

CHIN \$20

CHEEKS \$20

FULL FACE (brows not included) \$50 – 65

UNDERARMS \$25

REGULAR BIKINI \$30 – 50

BRAZILIAN BIKINI \$65 – 85

STOMACH \$10 – 20

ARMS \$30 – 55

HALF LEGS \$35 – 50

FULL LEGS \$60 – 80

HALF BACK \$30 – 50

FULL BACK \$60 – 80

CHEST \$60 – 80

## hands + feet

PARAFFIN HAND OR FOOT TREATMENT \$10

Our luscious paraffin treatment is combined with a wonderful aromatherapy experience.

\*\*Offered only as add-ons to massages or facials.

MANICURES AND PEDICURES are available for group

reservations and private parties. Inquire with our Events Director.